

## **FOOD and EATING OPTIONS AROUND RETREAT by the DART**

### **Within easy walking distance**

***Sea Trout Inn, Staverton*** – in the centre of the village, a 10 minute walk past the church, or a 20 minute walk if you take the scenic route along the river. A friendly place, serving good pub food, outside or in.

### **A longer walk or short drive**

#### **Dartington**

***Venus cafe*** at the Shops @ Dartington – a 40 minute pleasant walk through Dartington Woods or a 10 min drive. There is also a ***Post Office and general food store*** at Dartington, and a good value ***Texaco petrol station*** selling ***excellent quality home made Indian food to takeaway.***

**The Cott Inn** – a lovely historic pub with excellent food, second left from the roundabout and up the hill a few hundred yards.

#### **Dartington Hall**

***The Green Table Cafe, Roundhouse Cafe*** and ***White Horse Pub*** at Dartington Hall. A lovely, slightly longer 50-60 minute walk or a 10 minute drive up to the Dartington Estate. The Green Cafe is a new addition and is open every day from 9am - 6pm. A lovely spacious venue, with a wide selection of cakes, snacks and lunches with an emphasis on organic and local and a low emphasis on meat, you can get breakfast, lunch, or teas/coffee. The Roundhouse Cafe is next to the Barn cinema, serving drinks, snacks & ice cream. The White Horse pub offers more substantial main meals, lunch and dinner.

***Ben's Farm Shop*** (formerly Riverford Farm Shop, same people though) – the best place to stock up on food. It's mostly organic, there's a wide range of foods, including fresh meat and frozen fish, you are spoilt for choice. Call in here on your way to Retreat by the Dart and give yourself a special treat. There is also a cafe. It is possible to walk there from here, but it's mainly on the road, about a mile. If you are coming by public transport and want to stock up here, I will run you up in the car. Any excuse for a visit!

**Hill House Nursery** – a couple of miles up the hill beyond Landscope, a lovely privately owned nursery with a cafe serving huge portions of cake, and lunches. I haven't walked there, I guess it would take a good ½ hour or more as it's all uphill, but it's a short 10 minute drive otherwise.

### **Take the steam train!**

**Buckfastleigh** – the steam train runs up to Buckfastleigh where there is a cafe and you can walk from there to **Buckfast Abbey**. There is a cafe in the grounds.

**Totnes** – a 10 minute drive or steam train ride, an hour's walk or a half hour's bike ride. There are many cafes and eating places in Totnes and there is also a Morrisons supermarket. If you are arriving by public transport one option is to stock up and pick up a taxi from there.

### **Further afield by car (or boat!) – a few suggestions**

**Dartmouth** – a 40 minute drive or you can take the boat down to Dartmouth from Totnes from the Steamer Quay. Lots of eating options in Dartmouth.

**Dittisham** – The **Anchor Stone cafe** and the **Ferry Boat Inn**

**Sharpham** - **Rosie's cafe** on the Sharpham Estate, lovely views of the river from there.

**Ashburton** – lovely little market town, close to the moor, about a 15 minute drive, plenty of cafes to choose from.

**Dartmoor** – I can recommend the **Warren House Inn** beyond Postbridge on Dartmoor, a good place to eat if you are walking up on Dartmoor.